

Fresh Picks

Drumroll, please...

We're thrilled to unveil the custom labels designed by our young partners at Four Oaks for our collaborative Salsa and Applesauce project! Working alongside Four Oaks Marketing Director Sara Walker and Communications Manager Gabe Miskimen, program participants thoughtfully selected the design elements that reflect their creativity and care. This limited-edition batch will be offered first to the Four Oaks community. If supplies remain, you'll find jars available at GROWFEST—so come early!



Fresh Picks

Fresh from the vine, and almost ready for the jar—salsa season is near! 🍅🌶️



Buzz 🐝 Flutter 🦋 Bloom! 🌻

Color is taking flight as our native pollinator oasis comes to life! With help from the Core Crew and Transamerica volunteers, we're creating a vibrant haven for bees, butterflies, and beauty.



Fresh Picks

**Move over, Summer...
the harvest is underway! ☀️**

On a sunny August morning, GROW summer program participants rolled up their sleeves and got to work harvesting early apples—many destined for our STOP & GROW applesauce. One apple at a time!!



Our Core Store will be open for
retail sales starting soon!

Watch our website and Facebook for specifics.

2630 Otis Rd. SE, Cedar Rapids, IA

Fresh Picks

Petals with purpose! 🌸

Our zinnias are putting on quite the show! Keep an eye on GROW's Facebook page for where and when you can snag a bouquet of these stunning blooms.



Grow: Growing Real Opportunities for Work

GROW is a non-profit that empowers individuals living with challenges by providing valuable employment skills through meaningful work in horticulture.

Visit GrowWithKazimour.org to learn more about us, or consider volunteering