

Fresh Picks

Grandon Charitable Foundation Grant

We're excited to share that GROW received a generous grant from the Grandon Charitable Foundation to support our fall projects. Funds will help upgrade the electrical system in our 1936 "GROW" truck for mobile sales and add up to 60 disease-resistant apple trees to our orchard.

Andrea Orth, President of the Grandon Charitable Foundation, shared, "The Foundation is encouraged by the success of GROW's inaugural year and looks forward to its continued progress. Your thoughtful revitalization of the orchard and farm — providing job skills, confidence, and independence to community members who don't fit traditional educational or employment paths — fills a vital gap."

Salsa Update



Peppers & Tomatoes are coming along nicely

Together, Four Oaks and GROW are cultivating more than just plants—they're nurturing life skills, teamwork, and confidence. Core program elements include accountability, communication, following instructions, and building healthy relationships. As one participant shared, "Just making the salsa excited me—seeing how the hard work will pay off.

It's been a learning experience!"

More details—including the label reveal and official sales date—

coming in our August newsletter!

Visit our website to read the full article
growwithkazimour.org/news/

Fresh Picks

🌱 Planted with Purpose 🌱

GROW blooms are brightening the corners of our community. From porches to public spaces, GROW plants are making their mark.



Porch's

Purslane, Calibrachoa,
Red Rooster, Sweet
Alyssum, Sunpatiens



16th Avenue – Czech Village

Coleus, Chives, Sunpatiens
Sweet Potato Vine
Wave Petunias

Stars, Stripes & Smiles! 🇺🇸



Core Crew members joined GROW volunteers and Board members to celebrate the 4th in style at the Cedar Rapids Freedom Festival. Our vintage GROW truck rolled through the parade route decked out in its patriotic best—flags flying, smiles shining!

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Summer in Full Bloom ☀️



Pumpkins and gourds are in bloom!

GROW's summer program kicked off in June, with Core Crew members gaining hands-on experience in planting, tending, and harvesting. They're learning essential skills like watering techniques and weed control while nurturing crops that support both learning and community.

Pumpkins and gourds began blooming in early June—right on track for fall festivities! Our test plot includes multiple tomato varieties and snap peas, while cutting garden flowers are growing strong and will soon be ready to brighten someone's day.

We're also planting for the future with strawberries, asparagus, rhubarb, and raspberries. If all goes well, berries and veggies will be available for sale in the coming years. Stay tuned to Facebook and our website (GrowWithKazimour.org) for purchasing opportunities!



Grow: Growing Real Opportunities for Work

GROW is a non-profit that empowers individuals living with challenges by providing valuable employment skills through meaningful work in horticulture.

Visit GrowWithKazimour.org to learn more about us, or consider volunteering this spring.