

# Fresh Picks

## FRONTIER CO-OP & GROW PARTNER FOR EARTH DAY

In celebration of Earth Day and Arbor Day, GROW was honored to welcome 16 volunteers from Frontier Co-op who made a lasting impact on our orchard's future. Together, they planted 60 apple trees and transplanted 450 tomato plants — a true investment in growth, sustainability, and community. 🌳🍅



GROW is grateful for their time, energy, and commitment to nurturing both the land and our mission. ❤️🌍 Frontier employees embodied their mission of “Doing Good, Works!”

## “Czech” us out on Saturday, May 17<sup>th</sup>

GROW and Core Crew Members will participate in the Houby Days Parade

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## BUDS & BLOSSOMS 2025

We welcomed more than 250 visitors to GROW who enjoyed garden inspiration and hands-on activities.



Linn County Master Gardeners offered expert advice on plant pairings and growing tips, while representatives from the Cedar Rapids Garden Club led engaging demonstrations on how to create eye-catching containers.



Children got creative with crafts and planted blooms of their own to take home.

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## BUDS & BLOSSOMS 2025



Guests of all ages also loved meeting our mini horses, Buckeye and Andy, adding a playful touch to the day's festivities

**GROW's greenhouse is open for business**

Saturdays & Sundays 9 am – 1 pm

2630 Otis Rd. SE

Annuals, herbs and veggie starts for sale!



**Grow: Growing Real Opportunities for Work**

GROW is a non-profit that empowers individuals living with challenges by providing valuable employment skills through meaningful work in horticulture.

Visit [GrowWithKazimour.org](http://GrowWithKazimour.org) to learn more about us, or consider volunteering this spring.